



**SOMERSET COUNTY
AMATEUR SWIMMING ASSOCIATION**

AGE GROUP AND CHAMPIONSHIPS 2019

EVENT CONDITIONS, QUALIFYING TIMES & PROGRAMME

Amended 4/1/19 following movement of 3 events to accommodate entries

Dates:

Saturday 26th & Sunday 27th January 2019 (1SW190286)

Saturday 2nd & Sunday 3rd February 2019 (1SW190287)

Saturday 9th & Sunday 10th February 2019 (1SW190288)

Venue:

Millfield Swimming Pool, Keen's Elm Lane, Street, Somerset. BA16 0ST

www.millfieldswimming.com

Age as of:

31st December 2019

Minimum age:

10 years of age in year of competition (via 10/11 qualifying times)

Closing date for entries:

Midnight Friday 21st December 2018

**Somerset Amateur Swimming Association
Age Groups & Championships 2019 Conditions**

1. General conditions

1. All events shall be competed for annually under A.S.A. Laws and Regulations Technical Rules of racing
2. They shall be open to eligible swimmers according to A.S.A. Law who:
 1. Are a fee paying member of an affiliated club of Somerset A.S.A., and
 2. Must have been a member of the said club, for a period of not less than 60 days prior to the date of the competition or the first day of a series of competitions, or
 3. Are members of H.M. Forces whose unit is affiliated under A.S.A. Law, and their name is on the books of the said unit
 4. Ages shall be as at 31st December of the year of competition
 5. In the interest of the sport in cases of extenuating circumstances the County Officers shall decide if the swimmer is eligible to compete (Their decision will be final)
3. No swimmer taking part in a competition of another county in the same discipline during the current year shall be eligible to compete
4. A Competitor entering in the name of one club for any Somerset A.S.A. swimming championship, swimming age group competition, masters swimming competition and open water competition must compete for that club in that competition and may not be entered in the name of another club in any team or individual competition
5. Where a competitor has dual registration, they may only represent one club. This shall be the Club named on the entry form
6. Anything not covered by the foregoing rules or regulations shall be referred to the Somerset A.S.A. Management Committee whose decision must be acted upon

2. The Events

1. Individual events:

50m, 100m, 200m & 400m Freestyle; ages 10/11; 12; 13; 14; 15; 16 and over
50m, 100m & 200m Backstroke; ages 10/11; 12; 13; 14; 15; 16 and over
50m, 100m & 200m Breaststroke; ages 10/11; 12; 13; 14; 15; 16 and over
50m, 100m & 200m Butterfly; ages 10/11; 12; 13; 14; 15; 16 and over
200m Individual Medley; ages 10/11; 12; 13; 14; 15; 16 and over
400m Individual Medley; ages 12; 13; 14; 15; 16 and over
800m & 1500m Freestyle; ages 11/12; 13; 14; 15; 16 and over

50m, 100m & 200m events will follow a Heat-Final format with Age Group Finals. Where there are eight or less entries in an age group that event will be swum as a straight Final during the Finals session for that event
400m, 800m & 1500m events will be Heat Declared Winner (H.D.W.) format
800m & 1500m events will be swum as mixed events

2. Team events:

4 x 50m Medley & Freestyle Open Male & Female, Junior Male & Female 15 and under, Girls & Boys 13-14 & Junior Girls & Boys 12 and under
4 x 50m Medley & Freestyle Mixed; ages 14 and under; 15 and over

**Somerset Amateur Swimming Association
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3. The Competition

1. All events will be swum as Long Course
2. A Senior swimmer is aged 16 years and over, ages as of 31st December 2019
3. A Junior swimmer is aged 15 years and under, ages as of 31st December 2019
4. Team Events are open to Clubs affiliated to Somerset A.S.A. and teams must be selected by the clubs they represent. The results of these races will be H.D.W. No club shall enter more than one team
5. Competitors in team events are only permitted to swim in their age group, age as of 31st December 2019
6. Points will be awarded to competitors in Finals for Heat-Final events and to the top eight competitors in each age group and team events in H.D.W. events, point will be awarded as follows: 1st 8 points, 2nd 7 points, 3rd 6 points, 4th 5 points, 5th 4 points, 6th 3 points, 7th 2 points and 8th 1 point. No points will be awarded to a disqualified competitor or team
7. All Age Group individual entries will be automatically entered into the relevant championship, i.e. all Age Group heats are also Championship heats. It should be noted that competitors cannot enter championship events where such events do not occur in their own Age Group
8. All events shall be swum in an 8-lane pool with anti-wave lane ropes with electronic timing
9. Withdrawals/Scratches must be notified by clubs to the Competition Secretary no later than 5pm on the Thursday prior to the weekend in which the event is to be swum whereupon the Heat Starts Lists will be published. Thereafter swimmers who do not compete will be registered as DNC (did not compete) on the result sheets
10. Finalists and reserve finalists (competitors and teams) shall declare to the recorders, no later than 30 minutes after the posting of event results or notification that the event would be swum as a final, if they intend to withdraw from an event
11. Competitors and Teams withdrawing on medical grounds after the 30 minutes deadline shall have their withdrawal endorsed by the Championship Promoter or Competition Secretary
12. An individual competitor shall be fined the sum of £25 if he/she fails to notify the recorder of a withdrawal from a Final within the stipulated time. If a team fails to notify the recorder of their withdrawal within the stipulated time, the club they represent shall be fined the sum of £50. Failure to pay this fine within 28 days may result in further disciplinary action by the Somerset A.S.A. Management Committee
13. All swimmers to be seeded from submitted times, slowest heats first
14. Last three heats of events with finals will be cyclically seeded, all other heats will be spearheaded

**Somerset Amateur Swimming Association
Age Groups & Championships 2019 Conditions**

4. Medals, Trophies & County Records

1. Age Group Medals shall be awarded to the first, second and third placed competitors of each age group 10; 11; 12; 13; 14; 15; 16 and over for all individual events and relays except for; 15/o Mixed Medley & Freestyle Relays and the 15/u & Open Medley & Freestyle Relays, the 1st, 2nd & 3rd placed clubs will be presented on the podium with Podium medals. All Age Group Medals to be collected from the medals desk
2. The Senior County Champion and Junior County Champion for the Individual events shall be determined as follows:
 - a. Heat Declared Winner events - The Senior Champion shall be the fastest swimmer in the heats with the runner-up and third places adjudged similarly. The Junior Champion shall be the fastest junior swimmer in the heats with the runner-up and third places adjudged similarly
 - b. Final events - The Senior Champion will be determined as the fastest swimmer in the 50m, 100m and 200m events 16/o age group finals and the runner up and third placed swimmers similarly decided. The Junior Champion will be the fastest junior from the 50m, 100m and 200m events 15/u age group finals and the runner up and third placed swimmers similarly decided
3. Senior & Junior Trophies will be presented on the podium to the first placed competitor and Podium Medals presented to the first, second and third placed competitors for all individual events and distances
4. Club Age Group Perpetual Trophy and Runners-Up Trophy for Age Group Events will be presented on the podium to the clubs with the highest points and second highest points total from 14/u individual events Boys & Girls
5. Club Age Group Perpetual Relay Trophy for Age Group Events will be presented on the podium to the club with the highest points total from 14/u Relay Events which include; Girls & Boys Medley Relays 12/u and 13-14, Girls & Boys Freestyle Relays 12/u and 13-14 and Mixed Medley Relay 14/u and Mixed Freestyle Relay 14/u
6. Competitors must wear club kit for all poolside podium presentations
7. The winners of Somerset A.S.A. trophies shall be entitled to hold them for twelve months provided satisfactory security be given to the Trophy Controller. Recipients shall at the time of the award of a trophy confirm that they will ensure it is returned engraved and clean at the end of this period, on time and in good condition ready for the presentation at the next competition. An individual's failure to comply with this rule may result in the club they were representing when winning the trophy or the individual themselves being penalized financially or by suspension at the following year's Championships.
8. Trophies not awarded as per rule 4.7. shall be retained by the County and engraved at the County's expense
9. County Championship Records will be recorded and published. Competitors who break event records will be presented on the podium with a limited-edition Somerset A.S.A. branded towel

**Somerset Amateur Swimming Association
Age Groups & Championships 2019 Conditions**

5. Entries & Payment

1. Entries will be open from Monday 19th November 2018
2. Entry criteria is via the published short course Qualifying Times and must be from Licensed Level 1, 2, 3 or 4 meets and registered on the Swim England Rankings website
3. 8-year old competitors in the County who have very late in the year birthdays (Birth date between 1st October to 31st December 2009) will be permitted to enter with times that are not recorded on Swim England rankings. These competitors must have achieved the 10/11-year-old qualifying times for County Championships. NTs will absolutely not be accepted nor competitors with an earlier birthday than 1st October 2009.
4. Entry times must have been achieved since 1st January 2018
5. All entries are to be submitted in accordance with the Club Declaration in Clause 8 by e-mail only to kellypods07@gmail.com using Hy-Tek Team Manager software, and supported by a pdf version of your club entry report. There is no requirement to send a Summary sheet.
6. Closing date for entries is midnight on Friday 21st December 2018
7. Entries will only be accepted when submitted by the Club Coach, Secretary or Competition Secretary of affiliated clubs and must include competitors Swim England membership numbers
8. No club shall enter more than one team event in Championship and Age Group Team events
9. Relay events must be included in the electronic Hy-Tek entry file
10. Manual entry requests/emails for Relays events will not be accepted
11. Declaration of swimmers in Relay events and confirmation of entry times must be confirmed by clubs to the Competition Secretary no later than 5pm on the Thursday prior to the weekend in which the event is to be swum
12. Competitors are only permitted to compete in their age groups for relay events
13. Failure to notify the Competition Secretary of all the required information by the timeline above will result in teams being scratched from the relay event
14. We appreciate that changes occur, therefore any changes to relays must be supplied to the Recorder and Lead Referee before the start of warm-up for the relay session. Swimmers must swim in the ordered declared. Changes will not be made to Meet Manager following the completion of the relay events and results will be published as confirmed by the Referee
15. Submitting entries is certification as to the date of birth and achievement of the competitor's fastest time and minimum entry time for each event entered
16. Entry times can be submitted in Short Course or Long Course format, SC times will be converted to LC times for the seeding of the competition. Converted Long Course times are acceptable when converted using the current [Swim England Equivalent Performance Table](#) ONLY. SC Qualifying times have been converted and are detailed on the last two pages of these conditions
17. All competitors must be registered as Category 2 by the closing date for entries and Swim England registration numbers included for all swimmers with your entry
18. Entries incorrectly completed, incomplete or past the closing date will not be accepted
19. Entry reports and exception reports will be sent to Club Secretaries and Coaches by Monday 31st December 2018 whereby further action may be required before confirmation of entries can be achieved. It is the responsibility

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- of the Club to ensure entries are corrected and returned to the Competition Secretary within 48 hours to enable entries to be confirmed
20. All clubs are to check the accuracy of their data by running the Swim England Data Checker against their entries, any incorrect data not resolved before submitting entries will result in Rankings rejecting results
<https://www.swimmingresults.org/teammanagercheck/>
 21. Competitors will be required to sign in at the Front of House for all 400m, 800m & 1500m events prior to commencing the session warm up
 22. Once entries have been confirmed there will be no refunds for withdrawals or scratched swimmers, or for swimmers failing to sign in
 23. Decisions on late entries shall only be made by the Promoter or a nominated representative
 24. A limit of two coaches and two chaperones (to include a member of each sex where possible) only per competing club will be permitted in the competition area
 25. Applications for these passes for the entire event should be requested at the time of submitting entries. These passes are transferable between representatives of the same club; however, it is the responsibility of the club to ensure each person entrusted with these passes are a current Swim England member, checked in line with the A.S.A. Child Protection Policy and must hold a current DBS certificate for their swimming volunteering role and has completed a Safeguarding course within the last three years. Passes must be worn at all times by all Coaches and Team Managers
 26. Long Course Individual event entry fee is £6.00 per event
 27. Team event entry fee is £6.00 per event
 28. Coach/Team Manager/Chaperone pass is £5 each. Coaches and Team Managers will be required to print their own heats sheets for 50m, 100m & 200m events. Coach/Team Manager heat sheets will be available from the recorders desk for 400m, 800m & 1500m events. The heat sheets will be published on the Somerset A.S.A. website and by email on the Friday preceding each weekend of competition. Full competition information will also be published on Meet Mobile
 29. Payment must be paid direct to the Somerset A.S.A. bank account by Wednesday 16th January 2019
 30. Evidence of cleared funds will be confirmed by the County Treasurer to the Competition Secretary prior to the event
 31. Cash & cheques must be paid directly into the County bank account
 32. Clubs who do not have evidence of cleared funds by Wednesday 16th January 2019 will not be able to compete

Bank: HSBC Bank
Account name: Somerset ASA
Sort code: 40-44-33
Account number: 62083051

**Somerset Amateur Swimming Association
Age Groups & Championships 2019 Conditions**

6. Para-Swimming

These supplementary conditions are to be adhered to in conjunction with the General and Swimming Conditions

6.1 Events

Event	Male	Female	IPC recognised events
50m Freestyle	S1-S14	S1-S14	S1-S13
100m Freestyle	S1-S14	S1-S14	S1-S13
200m Freestyle	S1-S5 & S14	S1-S5 & S14	S1-S5 & S14
400m Freestyle	S6-S14	S6-S14	S6-S13
50m Backstroke	S1-S5	S1-S5	S1-S5
100m Backstroke	S1, S2 & S6-S14	S1, S2 & S6-	S1, S2 & S6-S14
50m Breaststroke	SB1-SB3	SB1-SB3	SB1-SB3
100m Breaststroke	SB4-SB9, SB11-	SB4-SB9,	SB4-SB9, SB11-SB14
50m Butterfly	S1-S7	S1-S7	S1-S7
100m Butterfly	S8-S14	S8-S14	S8-S13
150m Individual	SM1-SM4	SM1-SM4	SM1-SM4
200m Individual	SM5-SM14	SM5-SM14	SM5-SM14

6.2 Eligibility

1. All Competitors must have an authorised IPC Swimming, British Swimming, INAS-FID or British Blind Sport classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry
2. All competitors must be registered as members of a swimming club affiliated the Somerset A.S.A.
3. Disability swimmers may submit entries for non MC events on a time-trial basis provided they meet the relevant Qualifying Time for that event
4. Entry times must have been achieved since 1st January 2018
5. Entries must be submitted manually by email to kellypods07@gmail.com
6. Minimum age to be 11 years old as at 31st December 2019

6.3 Competition

1. All competitors will compete in the same heats as able-bodied competitors
2. All disability events shall be H.D.W.

6.4 Accreditations

1. All coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers where assistance is permitted on their code of exceptions. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities
2. A swimmer who has assistance as specified above may have both a coach and a personal care attendant present. The personal care attendant accreditation will be free of charge

6.5 Awards

1. Medals shall be awarded on a multi-disability basis to 1st, 2nd and 3rd place in each event
2. If there are less than four competitors in any one event then a minus one ruling shall apply

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3. If there is only one competitor in an event then a medal shall be awarded if he/she breaks the Somerset A.S.A. record for their classification.
4. Medals shall be awarded during the relevant session that the event has taken place

7. Photography & Imagery Consent

1. Your privacy is important to us. Any concerns during an event should be reported to the Promoter or an appropriate member of the Sports Presentation team via the Front of House.
2. This event may be photographed and videoed in accordance with our Privacy Policy (<https://www.somersetasa.org/sasa/en/System/Privacy>). Media may be displayed on our website (<https://www.somersetasa.org>), on our social media accounts and used to promote the event and events in the future. If you have any concerns, please refer to the A.S.A. Photography Guidance in Wavepower 2016-19 (<https://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>)
3. Somerset A.S.A. may have official photographers and may record the competition events in which you are participating, and general images of swimmers, coaches, officials, parents and volunteers will form part of the information we hold and use. In addition to the purposes for general information set out above, Somerset A.S.A. may use these recordings and images for the purposes of education and training, inclusion in press releases and Club Communications, and event promotion.
4. If swimmers, coaches, officials, parents and volunteers have any concerns with their child / themselves being photographed / filmed at our events please contact the Promoter by email (kellypods07@gmail.com) or call 07780 733 512 prior to the event.
5. Please note consent will be valid for 3 years or in the case of consent by a parent / guardian on behalf of a child, the shorter period of 3 years, or until the child's 16th birthday.
You can withdraw or change your consent at any time.
6. Where you do not grant consent, we will not be able to use your imagery except in certain limited situations, such as where required to do so by law or to protect members of the public from serious harm.

**Somerset Amateur Swimming Association
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8. Declaration

1. Competitors

1. agree to abide by the Competition's Entry Conditions
2. must provide information which is correct and accurate to the best of their knowledge
3. consent to their personal data being collected, stored, used, shared and transferred by Somerset ASA in accordance with Somerset ASA's Privacy Policy, which can be found here: <https://www.somersetasa.org/sasa/en/System/Privacy>

2. Clubs

1. agree to act as a Data Processor on behalf of Somerset ASA for the collection, storage, use, sharing and transfer of the personal data of members who have made the above competitor declaration in support of entry into this competition
2. agree to submit Batch Entries which are correct and accurate to the best of their knowledge
3. must promptly make the Promoter aware of any exceptions and
4. agree to resolve any queries directly with the member(s) concerned.

**Somerset Amateur Swimming Association
Age Groups & Championships 2019 Qualifying Times**

All times are Short Course
Conversions using the A.S.A. Equivalent Performance tables are acceptable

BOYS						EVENT	GIRLS					
10/11	12	13	14	15	16 & over		10/11	12	13	14	15	16 & over
39.20	36.10	34.10	32.30	30.00	29.90	50m Freestyle	39.70	36.70	35.30	33.00	32.50	32.00
1:21.60	1:20.20	1:15.60	1:10.70	1:08.00	1:06.00	100m Freestyle	1:28.60	1:21.30	1:14.90	1:10.30	1:08.90	1:08.30
3:10.60	2:54.20	2:41.50	2:33.00	2:25.70	2:21.50	200m Freestyle	3:10.70	2:51.30	2:41.70	2:31.90	2:28.60	2:26.40
6:35.60	6:15.60	5:45.10	5:20.00	5:05.20	4:59.70	400m Freestyle	6:43.90	5:56.00	5:44.60	5:25.00	5:20.70	5:15.00
	12:30.00	11:45.00	10:55.00	10:25.00	10:15.00	800m Freestyle		12:21.80	11:47.30	11:17.30	10:59.50	10:53.00
	25:18.10	22:44.10	21:33.10	19:58.70	19:41.60	1500m Freestyle		25:17.00	22:46.00	21:36.00	20:08.00	19:58.00
43.90	41.30	38.60	36.80	34.90	32.90	50m Backstroke	44.70	41.50	39.70	38.50	37.80	36.90
01:35.50	1:29.90	1:23.50	1:18.00	1:14.50	1:11.30	100m Backstroke	1:35.20	1:27.00	1:22.90	1:19.00	1:17.60	1:16.90
3:36.50	3:18.30	2:59.90	2:48.40	2:40.30	2:34.50	200m Backstroke	3:27.30	3:06.70	2:56.90	2:49.80	2:45.40	2:43.90
51.00	48.10	44.90	41.60	39.70	38.40	50m Breaststroke	49.30	46.40	44.20	42.80	41.80	40.30
1:45.40	1:42.70	1:36.70	1:32.10	1:28.00	1:24.00	100m Breaststroke	1:49.00	1:43.30	1:37.30	1:33.70	1:30.30	1:28.10
4:05.30	3:50.60	3:31.80	3:15.30	3:04.90	2:59.30	200m Breaststroke	4:00.00	3:39.80	3:27.20	3:19.50	3:14.40	3:13.00
46.00	43.80	41.60	39.30	37.30	34.50	50m Butterfly	46.30	44.00	42.00	41.00	39.00	37.00
1:42.40	1:37.30	1:25.30	1:19.90	1:14.20	1:10.90	100m Butterfly	1:39.00	1:35.90	1:25.20	1:23.30	1:18.30	1:15.80
3:41.70	3:23.00	3:05.40	2:58.10	2:43.50	2:36.90	200m Butterfly	3:35.30	3:18.20	3:04.30	2:56.00	2:50.00	2:48.00
3:35.80	3:17.60	3:06.80	2:55.30	2:44.20	2:38.30	200m Individual Medley	3:37.30	3:14.30	3:06.80	2:54.00	2:49.00	2:47.20
	7:00.30	6:52.00	6:20.30	5:59.60	5:49.40	400m Individual Medley		7:09.70	6:46.40	6:29.10	6:17.10	6:13.60

**Somerset Amateur Swimming Association
Multi-Classification County Championships 2019 Qualifying Times**

Girls	Freestyle				Backstroke		Butterfly		Breaststroke			Individual Medley	
	50m	100m	200m	400m	50m	100m	50m	100m	Cat	50m	100m	Cat	200m
S1	02:22.99	07:04.37	11:15.63		03:51.05	07:37.83			SB1	03:50.89		SM1	
S2	02:01.41	05:48.69	11:49.48		02:33.34	06:04.80	03:57.64		SB2	04:44.63		SM2	
S3	01:21.01	03:19.80	06:04.55		01:37.21		02:35.87		SB3	01:46.59		SM3	
S4	01:10.09	02:30.45	05:51.07		01:43.94		01:29.66		SB4		03:30.95	SM4	
S5	01:06.28	02:52.14	06:09.07		01:21.28		01:24.37		SB5		03:13.49	SM5	06:39.21
S6	01:01.51	02:11.09		09:46.57		02:41.92	01:10.24		SB6		03:00.35	SM6	05:28.22
S7	00:57.70	02:07.84		09:37.88		02:31.84	01:03.09		SB7		02:43.59	SM7	05:17.83
S8	00:53.09	01:54.22		08:27.06		02:14.72		02:15.74	SB8		02:23.26	SM8	04:39.02
S9	00:50.12	01:48.32		08:14.80		02:00.63		01:58.32	SB9		02:13.62	SM9	04:32.46
S10	00:48.48	01:44.97		08:00.39		02:01.19		01:58.76	SB10			SM10	04:24.18
S11	00:53.16	02:01.24		09:42.51		02:23.75		02:47.59	SB11		02:43.78	SM11	05:19.04
S12	00:49.44	01:47.24		09:03.69		02:07.33		02:22.85	SB12		02:19.32	SM12	04:59.64
S13	00:48.01	01:45.03		08:05.04		01:57.27		01:51.37	SB13		02:14.42	SM13	04:09.25
S14	00:48.52	01:45.76	03:44.88	08:14.22		01:57.38		01:55.70	SB14		02:12.09	SM14	04:12.57
Boys	Freestyle				Backstroke		Butterfly		Breaststroke			Individual Medley	
	50m	100m	200m	400m	50m	100m	50m	100m	Cat	50m	100m	Cat	200m
S1	02:28.24	05:39.81	08:43.43		02:30.94	05:16.73	00:00.00		SB1	03:02.63		SM1	
S2	01:50.55	04:26.71	08:49.06		01:45.66	03:49.60	04:05.11		SB2	01:45.03		SM2	
S3	01:23.88	03:23.44	06:14.09		01:26.29		02:23.11		SB3	01:22.31		SM3	
S4	01:10.67	02:32.83	05:29.32		01:20.99		01:32.05		SB4		03:07.02	SM4	
S5	00:59.86	02:15.41	04:54.17		01:09.26		01:06.64		SB5		02:45.51	SM5	07:00.27
S6	00:54.18	01:58.22		09:18.08		02:18.24	00:57.51		SB6		02:27.25	SM6	05:06.36
S7	00:49.39	01:50.64		08:18.95		02:06.56	00:53.81		SB7		02:20.59	SM7	04:41.50
S8	00:47.53	01:44.02		07:55.56		01:57.10		01:51.08	SB8		02:05.95	SM8	04:19.56
S9	00:44.22	01:37.33		07:26.73		01:52.54		01:45.91	SB9		02:00.70	SM9	03:59.70
S10	00:41.19	01:29.40		07:09.76		01:45.47		01:40.15	SB10			SM10	03:48.80
S11	00:46.38	01:44.33		08:30.29		02:13.35		01:56.60	SB11		02:24.52	SM11	04:26.44
S12	00:42.41	01:34.49		08:11.06		01:46.85		01:40.66	SB12		02:04.03	SM12	04:06.75
S13	00:42.06	01:31.32		07:17.31		01:47.34		01:39.76	SB13		01:58.54	SM13	03:57.66
S14	00:43.18	01:32.33	03:22.72	07:15.95		01:48.39		01:40.27	SB14		01:56.11	SM14	03:50.23

Somerset Amateur Swimming Association Programme of Events 2019

SATURDAY 26th January 2019									
Morning session					Afternoon session				
Male/Female	Distance	Event	Ages	Type	Male/Female	Distance	Event	Ages	Type
Mixed	1500m	Freestyle	11/12, 13, 14, 15 & 16 & over	HDW	Male	200m	IM	10/11, 12, 13, 14, 15, 16 & over	Heats
6 heats - 2 hours					Female	4 x 50m	Medley Relay	10/11-12; 13-14	HDW
					Male	4 x 50m	Medley Relay	10/11-12; 13-14	HDW
					Female	4 x 50m	Freestyle Relay	15 & under; Open	HDW
					Male	4 x 50 m	Freestyle Relay	15 & under; Open	HDW
					Mixed	4 x 50m	Medley Relay	14 & under	HDW
					Mixed	4 x 50m	Freestyle Relay	15 & over	HDW
					Male	200m	IM	10/11, 12, 13, 14, 15, 16 & over	Finals
SUNDAY 27th January 2019									
Morning session					Afternoon session				
Female	Distance	Event	Ages	Type	Female	Distance	Event	Ages	Type
Female	200m	Backstroke	10/11, 12, 13, 14, 15, 16 & over	Heats	Female	400m	IM	12, 13, 14, 15 & 16 & over	HDW
Male	50m	Breaststroke	10/11, 12, 13, 14, 15, 16 & over	Heats	Male	100m	Breaststroke	10/11, 12, 13, 14, 15, 16 & over	Heats
Female	50m	Butterfly	10/11, 12, 13, 14, 15, 16 & over	Heats	Female	100m	Breaststroke	10/11, 12, 13, 14, 15, 16 & over	Heats
					Male	50m	Backstroke	10/11, 12, 13, 14, 15, 16 & over	Heats
					Female	50m	Freestyle	10/11, 12, 13, 14, 15, 16 & over	Heats
BREAK PRIOR TO FINALS					BREAK PRIOR TO FINALS				
Female	200m	Backstroke	10/11, 12, 13, 14, 15, 16 & over	Finals	Male	100m	Breaststroke	10/11, 12, 13, 14, 15, 16 & over	Finals
Male	50m	Breaststroke	10/11, 12, 13, 14, 15, 16 & over	Finals	Female	100m	Breaststroke	10/11, 12, 13, 14, 15, 16 & over	Finals
Female	50m	Butterfly	10/11, 12, 13, 14, 15, 16 & over	Finals	Male	50m	Backstroke	10/11, 12, 13, 14, 15, 16 & over	Finals
					Female	50m	Freestyle	10/11, 12, 13, 14, 15, 16 & over	Finals
Saturday 2 February 2019									
Morning session					Afternoon session				
Male/Female	Distance	Event	Ages	Type	Male/Female	Distance	Event	Ages	Type
Mixed	800m	Freestyle	11/12, 13, 14, 15 & 16 & over	HDW	Female	200m	Breaststroke	10/11 12, 13, 14, 15 & 16 & over	Heats
10 heats - 2.2 hours					Male	200m	Breaststroke	10/11 12, 13, 14, 15 & 16 & over	Heats
					Female	4 x 50m	Freestyle Relay	10/11-12; 13-14	HDW
					Male	4 x 50m	Freestyle Relay	10/11-12; 13-14	HDW
					Female	4 x 50m	Medley Relay	15 & under; Open	HDW
					Male	4 x 50m	Medley Relay	15 & under; Open	HDW
					Mixed	4 x 50m	Freestyle Relay	14 & under	HDW
					Mixed	4 x 50m	Medley Relay	15 & over	HDW
					Female	200m	Breaststroke	10/11 12, 13, 14, 15 & 16 & over	Finals
					Male	200m	Breaststroke	10/11, 12, 13, 14, 15, 16 & over	Finals
SUNDAY 3rd February 2019									
Morning session					Afternoon session				
Male/Female	Distance	Event	Ages	Type	Male/Female	Distance	Event	Ages	Type
Female	200m	Freestyle	10/11, 12, 13, 14, 15, 16 & over	Heats	Male	400m	IM	12, 13, 14, 15 & 16 & over	HDW
Male	100m	Freestyle	10/11, 12, 13, 14, 15, 16 & over	Heats	Female	100m	Freestyle	10/11, 12, 13, 14, 15, 16 & over	Heats
Female	100m	Backstroke	10/11, 12, 13, 14, 15, 16 & over	Heats	Male	100m	Butterfly	10/11, 12, 13, 14, 15, 16 & over	Heats
BREAK PRIOR TO FINALS					BREAK PRIOR TO FINALS				
Female	200m	Freestyle	10/11, 12, 13, 14, 15, 16 & over	Finals	Female	100m	Freestyle	10/11, 12, 13, 14, 15, 16 & over	Finals
Male	100m	Freestyle	10/11, 12, 13, 14, 15, 16 & over	Finals	Male	100m	Butterfly	10/11, 12, 13, 14, 15, 16 & over	Finals
Female	100m	Backstroke	10/11, 12, 13, 14, 15, 16 & over	Finals					

Somerset Amateur Swimming Association Programme of Events 2019

SATURDAY 9th February 2019									
Morning session					Afternoon session				
Male/Female	Distance	Event	Ages	Type	Male/Female	Distance	Event	Ages	Type
Female	400m	Freestyle	10/11, 12, 13, 14, 15, 16 & over	HDW	Male	200m	Butterfly	10/11 12, 13, 14, 15 & 16 & over	Heats
Male	200m	Freestyle	10/11, 12, 13, 14, 15, 16 & over	Heats	Female	50m	Backstroke	10/11 12, 13, 14, 15 & 16 & over	Heats
Female	50m	Breastroke	10/11, 12, 13, 14, 15, 16 & over	Heats					
Male	100m	Backstroke	10/11 12, 13, 14, 15 & 16 & over	Heats					
BREAK PRIOR TO FINALS					BREAK PRIOR TO FINALS				
Male	200m	Freestyle	10/11, 12, 13, 14, 15, 16 & over	Finals	Male	200m	Butterfly	10/11 12, 13, 14, 15 & 16 & over	Finals
Female	50m	Breastroke	10/11, 12, 13, 14, 15, 16 & over	Finals	Female	50m	Backstroke	10/11 12, 13, 14, 15 & 16 & over	Finals
Male	100m	Backstroke	10/11 12, 13, 14, 15 & 16 & over	Finals					
SUNDAY 10th February 2019									
Morning session					Afternoon session				
Male/Female	Distance	Event	Ages	Type	Male/Female	Distance	Event	Ages	Type
Male	400m	Freestyle	10/11, 12, 13, 14, 15, 16 & over	HDW	Female	200m	IM	10/11 12, 13, 14, 15 & 16 & over	Heats
Female	200m	Butterfly	10/11 12, 13, 14, 15 & 16 & over	Heats	Male	200m	Backstroke	10/11 12, 13, 14, 15 & 16 & over	Heats
Male	50m	Butterfly	10/11 12, 13, 14, 15 & 16 & over	Heats	Female	100m	Butterfly	10/11 12, 13, 14, 15 & 16 & over	Heats
					Male	50m	Freestyle	10/11, 12, 13, 14, 15, 16 & over	Heats
BREAK PRIOR TO FINALS					BREAK PRIOR TO FINALS				
Female	200m	Butterfly	10/11 12, 13, 14, 15 & 16 & over	Finals	Female	200m	IM	10/11 12, 13, 14, 15 & 16 & over	Finals
Male	50m	Butterfly	10/11 12, 13, 14, 15 & 16 & over	Finals	Male	200m	Backstroke	10/11 12, 13, 14, 15 & 16 & over	Finals
					Female	100m	Butterfly	10/11 12, 13, 14, 15 & 16 & over	Finals
					Male	50m	Freestyle	10/11, 12, 13, 14, 15, 16 & over	Finals

Somerset Amateur Swimming Association

Qualifying Times, Short Course & Long Course conversions

Event	LC QT	SC QT	Event	LC QT	SC QT	Event	LC QT	SC QT
Event 1 Girls 11-12 1500 Free	25:30.60	25:17.00	Event 16 Girls 12 400 IM	7:11.80	7:09.70	Event 21 Girls 11-12 800 Free	12:29.60	12:21.80
Event 1 Girls 13 1500 Free	23:01.10	22:46.00	Event 16 Girls 13 400 IM	6:50.70	6:46.40	Event 21 Girls 13 800 Free	11:55.40	11:47.30
Event 1 Girls 14 1500 Free	21:51.90	21:36.00	Event 16 Girls 14 400 IM	6:33.60	6:29.10	Event 21 Girls 14 800 Free	11:25.80	11:17.30
Event 1 Girls 15 1500 Free	20:25.00	20:08.00	Event 16 Girls 15 400 IM	6:21.70	6:17.10	Event 21 Girls 15 800 Free	11:08.20	10:59.50
Event 1 Girls 16&O 1500 Free	20:15.10	19:58.00	Event 16 Girls 16&O 400 IM	6:18.30	6:13.60	Event 21 Girls 16&O 800 Free	11:01.80	10:53.00
Event 1 Boys 11-12 1500 Free	25:31.60	25:18.10	Event 17 Boys 10-11 100 Breast	1:46.60	1:45.40	Event 21 Boys 11-12 800 Free	12:37.70	12:30.00
Event 1 Boys 13 1500 Free	22:59.20	22:44.10	Event 17 Boys 12 100 Breast	1:43.90	1:42.70	Event 21 Boys 13 800 Free	11:53.20	11:45.00
Event 1 Boys 14 1500 Free	21:49.00	21:33.10	Event 17 Boys 13 100 Breast	1:38.00	1:36.70	Event 21 Boys 14 800 Free	11:03.80	10:55.00
Event 1 Boys 15 1500 Free	20:15.80	19:58.70	Event 17 Boys 14 100 Breast	1:33.50	1:32.10	Event 21 Boys 15 800 Free	10:34.20	10:25.00
Event 1 Boys 16&O 1500 Free	19:58.90	19:41.60	Event 17 Boys 15 100 Breast	1:29.40	1:28.00	Event 21 Boys 16&O 800 Free	10:24.30	10:15.00
Event 12 Boys 10-11 200 IM	3:37.60	3:41.70	Event 17 Boys 16&O 100 Breast	1:25.50	1:24.00	Event 32 Girls 10-11 200 Free	3:12.50	3:10.70
Event 12 Boys 12 200 IM	3:19.60	3:23.00	Event 18 Girls 10-11 100 Breast	1:50.20	1:49.00	Event 32 Girls 12 200 Free	2:53.30	2:51.30
Event 12 Boys 13 200 IM	3:08.90	3:05.40	Event 18 Girls 12 100 Breast	1:44.50	1:43.30	Event 32 Girls 13 200 Free	2:43.80	2:41.70
Event 12 Boys 14 200 IM	2:57.50	2:58.10	Event 18 Girls 13 100 Breast	1:38.60	1:37.30	Event 32 Girls 14 200 Free	2:34.20	2:31.90
Event 12 Boys 15 200 IM	2:46.60	2:43.50	Event 18 Girls 14 100 Breast	1:35.00	1:33.70	Event 32 Girls 15 200 Free	2:30.90	2:28.60
Event 12 Boys 16&O 200 IM	2:40.80	2:36.90	Event 18 Girls 15 100 Breast	1:31.70	1:30.30	Event 32 Girls 16&O 200 Free	2:28.80	2:26.40
Event 13 Girls 10-11 200 Back	3:28.90	3:27.30	Event 18 Girls 16&O 100 Breast	1:29.50	1:28.10	Event 33 Boys 10-11 200 Breast	4:07.50	4:05.30
Event 13 Girls 12 200 Back	3:08.50	3:06.70	Event 19 Boys 10-11 50 Back	44.40	43.90	Event 33 Boys 12 200 Breast	3:52.90	3:50.60
Event 13 Girls 13 200 Back	2:58.80	2:56.90	Event 19 Boys 12 50 Back	41.80	41.30	Event 33 Boys 13 200 Breast	3:34.30	3:31.80
Event 13 Girls 14 200 Back	2:51.80	2:49.80	Event 19 Boys 13 50 Back	39.10	38.60	Event 33 Boys 14 200 Breast	3:18.00	3:15.30
Event 13 Girls 15 200 Back	2:47.40	2:45.40	Event 19 Boys 14 50 Back	37.30	36.80	Event 33 Boys 15 200 Breast	3:07.70	3:04.90
Event 13 Girls 16&O 200 Back	2:45.90	2:43.90	Event 19 Boys 15 50 Back	35.50	34.90	Event 33 Boys 16&O 200 Breast	3:02.20	2:59.30
Event 14 Boys 10-11 50 Breast	51.60	51.00	Event 19 Boys 16&O 50 Back	33.50	32.90	Event 34 Girls 10-11 100 Back	1:36.00	1:35.20
Event 14 Boys 12 50 Breast	48.80	48.10	Event 20 Girls 10-11 50 Free	40.20	39.70	Event 34 Girls 12 100 Back	1:27.90	1:27.00
Event 14 Boys 13 50 Breast	45.60	44.90	Event 20 Girls 12 50 Free	37.30	36.70	Event 34 Girls 13 100 Back	1:23.90	1:22.90
Event 14 Boys 14 50 Breast	42.40	41.60	Event 20 Girls 13 50 Free	35.90	35.30	Event 34 Girls 14 100 Back	1:20.00	1:19.00
Event 14 Boys 15 50 Breast	40.50	39.70	Event 20 Girls 14 50 Free	33.60	33.00	Event 34 Girls 15 100 Back	1:18.60	1:17.60
Event 14 Boys 16&O 50 Breast	39.20	38.40	Event 20 Girls 15 50 Free	33.10	32.50	Event 34 Girls 16&O 100 Back	1:17.90	1:16.90
Event 15 Girls 10-11 100 Fly	1:39.80	1:39.00	Event 20 Girls 16&O 50 Free	32.60	32.00	Event 35 Boys 10-11 100 Free	1:22.60	1:21.60
Event 15 Girls 12 100 Fly	1:36.70	1:35.90				Event 35 Boys 12 100 Free	1:21.20	1:20.20
Event 15 Girls 13 100 Fly	1:26.10	1:25.20				Event 35 Boys 13 100 Free	1:16.70	1:15.60
Event 15 Girls 14 100 Fly	1:24.20	1:23.30				Event 35 Boys 14 100 Free	1:11.90	1:10.70
Event 15 Girls 15 100 Fly	1:19.30	1:18.30				Event 35 Boys 15 100 Free	1:09.20	1:08.00
Event 15 Girls 16&O 100 Fly	1:16.80	1:15.80				Event 35 Boys 16&O 100 Free	1:07.30	1:06.00

Somerset Amateur Swimming Association

Qualifying Times, Short Course & Long Course conversions

Event	LC QT	SC QT	Event	LC QT	SC QT	Event	LC QT	SC QT
Event 36 Boys 12 400 IM	7:04.50	7:00.30	Event 42 Boys 10-11 100 Back	1:36.30	1:32.50	Event 48 Boys 10-11 50 Fly	46.40	46.00
Event 36 Boys 13 400 IM	6:56.30	6:52.00	Event 42 Boys 12 100 Back	1:30.80	1:29.90	Event 48 Boys 12 50 Fly	44.20	43.80
Event 36 Boys 14 400 IM	6:24.90	5:20.30	Event 42 Boys 13 100 Back	1:24.50	1:23.50	Event 48 Boys 13 50 Fly	42.10	41.60
Event 36 Boys 15 400 IM	6:04.50	5:59.60	Event 42 Boys 14 100 Back	1:19.00	1:18.00	Event 48 Boys 14 50 Fly	40.10	39.30
Event 36 Boys 16&O 400 IM	5:54.40	5:49.40	Event 42 Boys 15 100 Back	1:15.60	1:14.50	Event 48 Boys 15 50 Fly	37.80	37.30
Event 37 Girls 10-11 100 Free	1:29.50	1:28.60	Event 42 Boys 16&O 100 Back	1:12.40	1:11.30	Event 48 Boys 16&O 50 Fly	35.00	34.50
Event 37 Girls 12 100 Free	1:22.30	1:21.30	Event 43 Girls 10-11 200 Breast	4:02.20	4:00.00	Event 49 Girls 10-11 200 IM	3:39.10	3:37.30
Event 37 Girls 13 100 Free	1:16.00	1:14.90	Event 43 Girls 12 200 Breast	3:42.20	3:39.80	Event 49 Girls 12 200 IM	3:16.30	3:14.30
Event 37 Girls 14 100 Free	1:11.50	1:10.30	Event 43 Girls 13 200 Breast	3:30.30	3:27.20	Event 49 Girls 13 200 IM	3:08.90	3:06.80
Event 37 Girls 15 100 Free	1:10.10	1:08.90	Event 43 Girls 14 200 Breast	3:22.10	3:19.50	Event 49 Girls 14 200 IM	2:56.30	2:54.00
Event 37 Girls 16&O 100 Free	1:09.50	1:08.30	Event 43 Girls 15 200 Breast	3:17.10	3:14.40	Event 49 Girls 15 200 IM	2:51.30	2:49.00
Event 38 Boys 10-11 100 Fly	1:43.10	1:42.40	Event 43 Girls 16&O 200 Breast	3:15.70	3:13.01	Event 49 Girls 16&O 200 IM	2:49.50	2:47.20
Event 38 Boys 12 100 Fly	1:38.10	1:37.30	Event 44 Boys 10-11 200 Fly	3:43.10	3:41.70	Event 50 Boys 10-11 200 Back	3:38.00	3:36.50
Event 38 Boys 13 100 Fly	1:26.20	1:25.30	Event 44 Boys 12 200 Fly	3:24.60	3:23.00	Event 50 Boys 12 200 Back	3:20.00	3:18.30
Event 38 Boys 14 100 Fly	1:20.80	1:19.90	Event 44 Boys 13 200 Fly	3:07.10	3:05.40	Event 50 Boys 13 200 Back	3:01.70	2:59.90
Event 38 Boys 15 100 Fly	1:15.20	1:14.20	Event 44 Boys 14 200 Fly	2:59.90	2:58.10	Event 50 Boys 14 200 Back	2:50.40	2:48.40
Event 38 Boys 16&O 100 Fly	1:12.00	1:10.90	Event 44 Boys 15 200 Fly	2:43.50	2:43.50	Event 50 Boys 15 200 Back	2:42.40	2:40.30
Event 39 Girls 10-11 400 Free	6:47.40	6:43.90	Event 44 Boys 16&O 200 Fly	2:38.90	2:36.90	Event 50 Boys 16&O 200 Back	2:36.60	2:34.50
Event 39 Girls 12 400 Free	5:59.90	5:56.00	Event 45 Girls 10-11 50 Back	45.10	44.70	Event 51 Girls 10-11 50 Fly	46.70	46.30
Event 39 Girls 13 400 Free	5:48.70	5:44.60	Event 45 Girls 12 50 Back	42.00	41.50	Event 51 Girls 12 50 Fly	44.40	44.00
Event 39 Girls 14 400 Free	5:29.30	5:25.00	Event 45 Girls 13 50 Back	40.20	39.70	Event 51 Girls 13 50 Fly	42.50	42.00
Event 39 Girls 15 400 Free	5:25.10	5:20.70	Event 45 Girls 14 50 Back	39.00	38.50	Event 51 Girls 14 50 Fly	41.50	41.00
Event 39 Girls 16&O 400 Free	5:19.40	5:15.00	Event 45 Girls 15 50 Back	38.30	37.80	Event 51 Girls 15 50 Fly	39.50	39.00
Event 40 Boys 10-11 200 Free	3:12.40	3:10.60	Event 45 Girls 16&O 50 Back	37.40	36.90	Event 51 Girls 16&O 50 Fly	37.50	37.00
Event 40 Boys 12 200 Free	2:56.20	2:54.20	Event 46 Boys 10-11 400 Free	3:42.00	6:35.60	Event 52 Boys 10-11 50 Free	39.70	39.20
Event 40 Boys 13 200 Free	2:43.60	2:41.50	Event 46 Boys 12 400 Free	3:22.60	6:15.60	Event 52 Boys 12 50 Free	36.70	36.10
Event 40 Boys 14 200 Free	2:35.30	2:33.00	Event 46 Boys 13 400 Free	5:49.20	5:45.10	Event 52 Boys 13 50 Free	34.70	34.10
Event 40 Boys 15 200 Free	2:28.10	2:25.70	Event 46 Boys 14 400 Free	5:24.40	5:20.00	Event 52 Boys 14 50 Free	32.90	32.30
Event 40 Boys 16&O 200 Free	2:23.90	2:21.50	Event 46 Boys 15 400 Free	5:09.80	5:05.20	Event 52 Boys 15 50 Free	30.70	30.00
Event 41 Girls 10-11 50 Breast	49.90	49.30	Event 46 Boys 16&O 400 Free	5:04.40	4:59.70	Event 52 Boys 16&O 50 Free	30.60	29.90
Event 41 Girls 12 50 Breast	47.10	46.40	Event 47 Girls 10-11 200 Fly	3:36.80	3:35.30			
Event 41 Girls 13 50 Breast	44.90	44.20	Event 47 Girls 12 200 Fly	3:19.80	3:18.20			
Event 41 Girls 14 50 Breast	43.50	42.80	Event 47 Girls 13 200 Fly	3:06.00	3:04.30			
Event 41 Girls 15 50 Breast	42.50	41.80	Event 47 Girls 14 200 Fly	2:57.80	2:56.00			
Event 41 Girls 16&O 50 Breast	41.10	40.30	Event 47 Girls 15 200 Fly	2:51.90	2:50.00			
			Event 47 Girls 16&O 200 Fly	2:49.90	2:48.00			