

**DISCIPLINE SPECIFIC ISSUES**

**Water Polo**

- Poor condition of equipment - goals, pitch markings and referees walkway:-
- Sharp edges or snags
- Insecure fixing
- Instability of floating goals
- Slippery surface on walkway

- Projecting ladders

- Electrical equipment,

- Lack of protection for persons behind goals

- Setting up goals

- Injuries during training and games including Mini Polo

- Players and referees
- Possible cuts and, falls.
- Overturning of goals may lead to more severe injury

- Players
- Possible bruises and cuts

- Swimmers and officials

- Electrocution and tripping

- Spectators and others
- Possible injury from polo ball

- Players, officials and volunteers
- Possible injury when lifting or carrying goals

- Players
- Cuts, bruises and dental, eye and ear injuries

**ACTION BY CLUB OFFICERS AND COACHES**

- produce checklist for use when making initial booking and regularly check condition before use
- discussions with management over repair and responsibility
- discussions with management to agree responsibility for setting up equipment

- discussions with management about removal if possible during training and events or the use of padding

- discussions with pool management re poolside electrical installations.

- use of low voltage/battery equipment
- produce check list for the checking of equipment before each use including residual current devices (circuit breakers), sockets, plugs, cable insulation and connections.
- minimize the length of trailing cables and warn swimmers and officials

- discussions with pool management re protective measures

- discussions with pool management about handling and storage of goals
- discussions with pool management about redesign to reduce bulk and weight

- encourage players to use mouth protectors (gum shields), and male players a plastic box.
- caps with malleable ear protectors should be worn during training and competition and toe and finger nails kept short

- "Prompt Cards for Water Polo Officials"

- "Managing health and safety in swimming pools"

- ASA Information Sheet " The use of electrical equipment and appliances near swimming pools"

- Manual Handling Guidance

<b>DISCIPLINE SPECIFIC ISSUES</b>			
<ul style="list-style-type: none"> <li>• Depth of water</li> </ul>	<ul style="list-style-type: none"> <li>• Players</li> <li>• Possible injury as a result of impact with pool floor when jumping or diving entries are made</li> </ul>	<ul style="list-style-type: none"> <li>• ensure players and coaches are aware of strictures relating to depth of water and jumping and diving entries.</li> </ul>	<ul style="list-style-type: none"> <li>• "Diving and jumping in swimming pools and open water areas"</li> <li>• "Prompt Cards for Water Polo Officials"</li> </ul>
<ul style="list-style-type: none"> <li>• Inadequate supervision</li> </ul>	<ul style="list-style-type: none"> <li>• Players</li> <li>• Possible drowning incident</li> </ul>	<ul style="list-style-type: none"> <li>• discussion with pool management to agree level of lifeguard supervision during training and matches and role of coach and players</li> </ul>	<ul style="list-style-type: none"> <li>• "Safe supervision for teaching and coaching swimming"</li> </ul>
<ul style="list-style-type: none"> <li>• Inappropriate teaching/coaching qualification</li> </ul>	<ul style="list-style-type: none"> <li>• Players</li> <li>• Possible injuries</li> </ul>	<ul style="list-style-type: none"> <li>• ensure that persons of an appropriate level of teaching/coaching qualification are present during sessions and that less qualified teachers are properly supervised</li> </ul> <p><b>WITH IMPLEMENTATION OF ADEQUATE CONTROL MEASURES - RISK LOW</b></p>	<ul style="list-style-type: none"> <li>• "ASA Teaching and Coaching Certificates Regulations"</li> </ul>