

Return to Pool Webinars

Post publication edit: On 13 July 2020, the Institute of Swimming published details of free e-learning* available for [members](#) which include a downloadable certificate.

Swim England has published comprehensive [Returning to Pools Guidance](#) which includes robust recommendations for operators, swimming teachers, casual swimmers, lane swimming, family-fun sessions, club activity, and those attending swimming lessons.

So our members, swimming teachers, and partners are able to implement the guidance safely and effectively, the Institute of Swimming is providing free training. A series of three webinars were initially created and delivered with Swim England. These have now been packaged into the five videos which follow.

These videos cover

- an introduction to the Returning to Pools Guidance,
- additional support,
- teaching from poolside,
- effective communication and
- teaching in deep water.

* The Institute of Swimming has created a free e-learning in partnership with Swim England. The interactive resource is for teachers and coaches and illustrates the key measures that need to be in place to reduce the risk of Covid-19 transmission within the swimming pool environment. It has been created to complement webinar recordings which have been made freely available so everyone is able to prepare for their return to work.

A downloadable certificate is included for those who successfully complete the final quiz which can be used to show customers and employers that you are ready to return to the pool.

Topics covered are:

- The Guidance
- Risk Assessments
- Inclusive Practice
- Returning to Swimming Lessons
- Delivering from Poolside
- Effective Communication
- Guidance for Coaches

Institute of Swimming Members will find the e-learning in the free resources section of their [Members Online Learning Hub](#).

If you have already set up your hub, you just need to go to your Institute of Swimming profile and click on the 'Online Learning' button which is to the right of your course titled 'Membership Online Learning Hub'.

Once you have entered the hub, click on 'Free Resources' and you will find the e-learning titled 'Returning to the Pool Guidance'.

If you are a member and don't yet have access to your Online Learning Hub, you will need to [activate your account](#). You may have been sent a voucher when you joined or received an email inviting you to activate your hub in April.

Returning to pools Guidance

This recording gives you an overview of the [Returning to Pools Guidance](#), highlighting the key points that affect swimming lessons and teachers, it also goes over risk assessments. You can [download](#) the Swim England risk assessment template.

Additional support

This part of our webinar recording will share ideas on how to teach swimmers who require additional support, utilise your swimming assistant, and how you can use a parent or carer to provide support in the water.

Teaching from poolside

This webinar recording covers the use of equipment, pool layouts, teaching positions and organisational methods. Swim England have also put together a [video](#) to help you use their sample pool layouts, this has been added the recording below.

Effective communication

Covid-19 is not a barrier to communication, but it may change the way we communicate and operate. This recording will cover what barriers do exist and how to overcome them, how to use demonstrations effectively, visual resources and effective positioning. Swim England have created some free [visual resources](#) to support you.

Teaching in deep water

To implement social distancing you may have to change your pool layout and teach in deep water. This recording will go through what safety, delivery, equipment, and communication adaptations you may need to make when teaching in deep water.

Access the video here: <https://vimeo.com/436806905/a734657dec>

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[Swim England guidance documents](#) These are regularly updated for activities and disciplines. Make sure you are using latest versions.

