

Swift Inclusive Sport Swimming Gala - 19 Oct 2019

Saturday 19 October 2019 (3pm to 7.30pm) at Horfield Leisure Centre, Dorian Rd, Horfield, Bristol BS7 0XW



SWIFT INCLUSIVE SPORT SWIMMING GALA

Saturday 19th October 2019
3pm-7.30pm

Venue
Horfield Leisure Centre
Dorian Rd, Horfield, Bristol BS7 0XW

Fun **FREE** event for juniors aged 8-17
and adults. All abilities welcome!

Sponsored by
Rotary in Bristol

Supported by
City of Bristol Aquatics

The programme will comprise of
junior and adult races:
25m - Breaststroke
50m - Breaststroke
25m - Backstroke
50m - Backstroke
25m - Butterfly
25m - Freestyle
50m - Freestyle
Relay: 4 x 25m (Mixed)

Entry forms to be returned via email
or post by **Friday 4th October**

FAO Karen Lloyd
karen.p.lloyd@gmail.com

18 Grove Road
Bristol
BS9 2RQ



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The Gala is supported by [City of Bristol Aquatics](#) and sponsored by Rotary in Bristol

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For more information and entry forms (which must be returned via email or post by 4 October 2019), contact

Karen Lloyd, 18 Grove Road, Bristol BS9 2RQ (karen.p.lloyd@gmail.com)

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[The Sarah Pusill Young Volunteer of the Year Award 2020](#) We have many amazing young volunteers within our clubs and they have been an inspiration during these difficult times. Please encourage your membership to nominate them before 30 June 2020.

[Mental Health for Sport and Physical Activity](#) Access this online course for free until 31 August 2020.

<http://www.somersetasa.org/sasa/en/News/News-Items?newsid=4012&smallscreen=1&pdfview=1>