

FINA World Masters Championships 2019 - Artistic Swimming Golds for GB

5 to 11 August 2019 - Gwangju

Competitors in duet, mixed duet, team, free combination must represent the same club. Each team consists of four to eight competitors. Free combination may comprise four to ten competitors.

Day 7 Mixed Duet Free Routine & Free Combination Free Routine

View [Mixed Duet Free Routine results](#)

Day 6 Team Free Routine

Day 6 video is currently blocked by SME (Sony Music Entertainment) and Avex Inc, an entertainment conglomerate led by founder Max Matsuura and headquartered in Tokyo.

View [Team Free Routine results](#)

Day 5 Duet Free Routine

Andrea Holland and Carolyn Wilson won the 60-69 Years Duet Free gold to seal the combined title. The Rushmoor pair had won the Technical Duet earlier in the week and knew they would likely need to win the Duet Free to guarantee the gold.

Holland and Wilson produced another statement swim, scoring 60.5333 points to top the podium by almost four points. That meant the British duo finished top of the Duet Combined standings, with a total of 119.3600 points across their two events.

The gold medal moment came 40 years after Holland and Wilson agonisingly missed out on a medal at the 1979 World Cup in Tokyo. Holland said: "We were delighted with our swims and feel very honoured to be part of the World Masters Championships in Gwangju. This is a fabulous way to celebrate our 40-year anniversary of swimming duet in the 1979 World Cup. Then we finished fourth – now we have our cherished world gold!"

Britain have one more synchro swim to come in Gwangju, with the Out To Swim pair in action in the Mixed Duet Free on Sunday.

View [Duet Free Routine results](#).

Day 4 Solo Free Routine

View [Solo Free Routine results](#)

Day 3 Team Technical Routine & Mixed Duet Technical Routine

Out to Swim's Samuel Weinberg and Tal Linkwon Great Britain's second gold medals after winning the Technical Mixed Duet. They scored an overall total of 54.28 which was split into 17.4 for execution, 16.4 for overall impression and 20.48 for elements.

View [Team Technical Routine results](#)

View [Mixed Duet Technical Routine results](#)

Day 2 Duet Technical Routine

Rushmoor duo Andrea Holland and Carolyn Wilson finished on top in the Technical Duet 60-69 age group. They scored 58.8267 for their routine at Gwangju's Yeomju Gymnasium to top the podium by 3.2134 points. The pair beat USA's Nancy Weiman and Christine Schroeder, who took silver with a score of 55.6133, while Japan's Makiko Morota and Satomi Nakayama finished in third on 46.4467.

View [Duet Technical Routine results](#)

Day 1 Solo Technical Routine

Rushmoor duo Andrea Holland and Carolyn Wilson competed in the Technical Solo 60-69 age group. Holland just missed out on a podium place as she finished in fourth spot with a total of 58.4000 – 1.8000 behind Australia's Donella Freeman. Wilson was seventh on 57.5533 points.

Both swimmers will be hoping to improve on those positions when they compete in the Free Solo on Thursday 8 August.

Angela Boitsidis of Reading Royals also narrowly missed out on a medal as she took fourth spot in the Technical Solo 50-59 age group with a score of 61.9000. She was 1.7600 behind Italy's Michela Barbini, who took the gold medal, on 63.6600, while Germany's Silk Hohlstein-Terwesten was second (62.8734) and France's Evelyne Burger won the bronze (62.7400).

Boitsidis will also compete in the Free Solo competition on Thursday.

View [Solo Technical Routine results](#)

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