

Blog

[Swimming World Biweekly - May 21, 2018](#)



posted by admin at 11:33:23 30.05.2018



[ISHOF](#)

This issue features stories about Katie Ledecky's World Record, Photos from the 2018 TYR Pro Swim Series, and Highlights of the 2018 ISHOF Induction and Paragon Awards Ceremony.

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Categories: [General](#)

[What limits sporting performance?](#)



posted by admin at 11:15:47 17.05.2018



[Muscle, Mind](#)

A great conversation between the fascinating Dr Alex Hutchinson and sports physiotherapist Chris Napier. Alex Hutchinson will be known to many because of his sports writing for Runners World (in the past) and Outside Magazine (now). He spent 9 years asking the question that is the title of this 'BMJ talk medicine'podcast – you get the answers in 20 minutes! In addition to the discus...

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[Swimming World Biweekly - May 7, 2018](#)



posted by admin at 07:15:27 17.05.2018



[ISHOF](#)

This issue is dedicated to the incoming International Hall of Fame 2018 Honorees who include Becky

Adlington, Amanda Beard, Libby Ienton Trickett and Bill Sweetenham; Paragon Award Winners; and ISHOF Specialty Award Winners.

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Categories: [General](#)

[S&PA Professional magazine Spring 18](#)



posted by admin at 10:41:52 04.05.2018



[Safety](#), [Exercise](#)

This issue includes coverage on how investing in staff development is paying dividends for CIMSPA employer partner York Sport, an in-depth conversation with Max Quittendon about cross-sector collaboration at Elevate 2018, interview with Steve Parry expert advice on swimming pool safety, and new studies which help to draw the line between fitness fanatic and exercise addict.

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Categories: [General](#), [Coaching](#)

[Elite Sport Performance & Rehabilitation Expo 2018](#)



posted by admin at 10:22:26 04.05.2018



[Strength](#)

The Elite Sports Performance & Rehabilitation Expo is the most interactive and comprehensive event for the European elite sports profession. Over two days, exhibitors, seminars and workshops will allow you to access a world of innovation and education, delivered by sports performance experts and rehabilitation practitioners from professional sports clubs and elite level universities from ...

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Categories: [Coaching](#)

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