

Coaching and teaching guidance for clubs

- Competence and experience of the Level 1 teacher.
- Lifeguard provision – whether the supervising teacher is carrying out a dual role of teacher and lifeguard; whether the teacher being supervised holds an appropriate lifeguard qualification.
- Design of the pool and where the teaching is taking place.
- Ability of pupils being taught by the assistant and the supervising teacher.

Ultimately, the responsibility for the group being taught by the Level 1 teacher rests with the supervising teacher.

It is essential, therefore, that the supervising teacher is positioned close enough to the Level 1 teacher to be able to observe the teaching that is taking place and to intervene if this is considered necessary.








It is essential, however, that any intervention required does not jeopardise the safety of the group being taught by the supervising teacher.

The role being carried out by the supervising teacher will impact upon the number of teachers / coaches being supervised at any one time.

If the supervising teacher is not directly responsible for a group of swimmers she / he may supervise a maximum of four assistant teachers (subject to the risk assessment referred to above).

However, if the supervising teacher is directly responsible for teaching a group then it is recommended that their supervision of other assistants be limited to a maximum of one and that the function of the lifeguard be carried out by a person not included in the teaching process.

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